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NEW MILLENNIUM EVANGELICAL CHURCH

*Encounter with God*  
**Five Days of Fasting & Prayer for**  
*Personal Revival*  
**February 6-10, 2023**

*"Revive me according to Your lovingkindness,  
So that I may keep the testimony of Your mouth."*

*Psalms 119:88 (NKJV)*



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# *Message from the Senior Pastor*

## *A Call to Personal Revival*

Rev. Jason Co

If there is one thing I have learned in my last fifteen years in full-time ministry, it is that everything flows out of our personal relationship with the Lord, that the inner life is more essential than the outward life, that our private walk with God is more important than our public ministry for Him, that personal revival takes precedence over anything else. How, then, can we make our relationship with God the highest priority of our lives? How can we bring back our first love and experience personal revival? How can we sustain that life of passion and renewal?


In the Old Testament, God told King Solomon in Second Chronicles 7:14 that He will forgive, restore and bring healing and revival to all who would come humbly before Him, seek Him earnestly in prayer and repent from their sinful behaviour. The same is true in the New Testament. In Acts 3:19, the apostle Peter reminded the Jews, “Repent and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.” The word refreshing here means revival. Take note that the requirement for revival is repentance.

Just as in their day, we need revival as individual Christ-followers and as a church today. Revival simply means being in tune and agreeing with what God wants—restored to right

## *Message from the Senior Pastor*

relationship with Him. Therefore, at the start of this New Year, we encourage you to make a commitment to journey with our church family in prayer and fasting. Our theme for 2023 is *"Knowing God to Make Him Known"*. We hope that as a church, as we fast and pray together, we will grow in intimacy with our Lord Jesus Christ and that we will also grow as a community that is indwelt by the Holy Spirit—worshipping together, loving one another and united in fulfilling God's mission to save the lost. Then, our Most High God will hear from heaven and will bring revival to His church.

We are inviting all NMEC members, co-workers and attendees to join us for our church-wide prayer and fasting this February 6 to 10, with a culminating prayer rally on February 10 (Friday), 8pm via Zoom. As we come together corporately to fast and pray, the same God who brought revival to the early church and throughout history is the same God who will bring revival today. I pray He will do it again, and start it with me—and also with you. May we expect to see revival in our lives and in our church this 2023 and in the years to come!



**"But they that wait upon the Lord  
shall renew their strength,  
they shall mount up with wings as eagles,  
they shall run and not be weary,  
and they shall walk and not faint."**

**Isaiah 40:31**



# *The Power of Fasting & Prayer*

What does it take to experience revival where you are? First and foremost, spiritual revivals are not the work of human hands. They are the product of the Sovereign work of God, but it is a work that is done in response to the devotion of even **ONE GODLY MAN** or **WOMAN**.

*"The world has yet to see what God can do with and for and through and in a man (or woman) who is fully and wholly consecrated to Him."*  
Dwight L. Moody heard this challenge and thought to himself, "I want to be that man!" He went on to preach the Gospel to 100 million people, build a Bible Institute and incite spiritual revival across two nations! An examination of spiritual revivals in the past will reveal that they are always born in the hearts of consecrated people.

God looks into the hearts of people. He will use any man or woman whose heart is "wholly consecrated to Him". You and I must ask ourselves, "How important is it for us to be used of God?" God will not use wishy washy, double minded, fence sitting or worldly minded believers. So we must choose where we want our lives to count ... either for God or in the world. Could you be that **ONE PERSON** whom God can truly use? For NMEC to experience church revival, it should start from each one of us experiencing personal revival first.

As we look forward to the new opportunities and challenges that 2023 will bring, may we invite you to spend the five days in solitude, focusing on spending time alone with God in prayer and in the reading of His Word. Let us especially use the time to examine where we are in terms of our relationship with God. Is our passion for God decreasing? Is our interest in God's kingdom derailing and diverting? We might be busy in the ministry, but our spiritual life is not doing well. This is when we need personal revival. Let us come to the throne of God's grace and bring our concern, our hope, our aspirations and plans to Him with confidence of His answer in His time and in His way. May you have a fruitful and enjoyable time with God!

# *Guide to Prayer & Fasting*

## *What is Prayer*

Prayer is conversing with God, and listening to Him that we may align our will to His will. When we pray, we are working on looking for a life of intimacy with God,, not for specific answers to requests. As we come into intimacy with God, other things would fall into place.

## *What is Fasting*

It is to voluntarily reduce or eliminate your intake of food for a specific time and purpose, while focusing on prayer. This can mean refraining from snacks between meals, skipping one or two meals a day, abstaining only from certain foods, or a total fast from all food for an entire day or longer. For medical reasons, some people may not be able to fast from food altogether. They may choose to abstain from something other than food. The important thing is for us to redirect our focus from earthly things toward God.

## *Why Should We Fast*

1. Fasting gives you more time of prayer. Fasting is always connected with prayer.
2. Fasting demonstrates the depth of your desire when praying for something. It shows that you are serious enough about your prayer request to pay a personal price. God honors deep desire and praying in faith.
3. Fasting releases God's supernatural power. It is a tool we can use when there is opposition to God's will. Satan would like nothing better than to cause division, discouragement, defeat, depression, and doubt among us. United prayer and fasting has always been used by God to deal a decisive blow to the enemy! (Isaiah 58:6)

# *Guide to Prayer & Fasting*

## *Goal of Fasting*

Why are you fasting? Is it for spiritual renewal, for guidance, for healing, for the resolution of problems, for special grace to handle a difficult situation? Keeping your goal in focus will help you sustain your fast when physical temptations and life's pressures tempt you to abandon it.

## *Spiritual Preparation*

True revival begins with "Deep Repentance". Examine your heart and detect any unconfessed sin. Scriptures record that God always requires His people to repent of their sins before He will hear their prayers.

## *Physical Preparation*

Stay healthy. If you have health problem or taking regular medication, don't fast but you may spend the same amount of time praying.

## *Deciding What to Fast*

Does He want you to go completely without food, consuming only water? Or water and juices? Is He asking you to fast one meal a day, one day a week, or several days a week? Is God leading you to abstain from something other than food, such as social media, watching video? Inviting the Holy Spirit's guidance in this matter will make your time with God more meaningful.

## *Planning Your Time Alone with God*

Set aside ample time to be alone with the Lord, the more time you spend with Him in fellowship, worship, and adoration, and the more you read and meditate upon His Word during your fast, the more meaningful your experience will be.

# Pray Like Jesus Taught

Based on "The Lord's Prayer" – Matthew 6:9-13

**P**

## **PRAISE**

**"Our Father who art in Heaven, Hallowed be thy name"**

Praise God for who He is and recognize him as our Father. Acknowledge that He is God and praise Him for what He has done. Thank God in advance for His continued blessings.

**R**

## **REPENT**

**"And forgive us our debts, as we forgive our debtors"**

Ask God to forgive you for anything that you may have done that was not right and ask Him to help you, so you do not continue to sin. Ask God to help you forgive others.

**A**

## **ASK**

**"Give us this day our daily bread....and lead us not into temptation, but deliver us from evil"**

Ask God to meet our physical needs and to give wisdom, healing, and deliverance. Don't forget to pray for others like our family and friends, our leaders, and our enemies.

**Y**

## **YIELD**

**"Thy Kingdom come. Thy will be done on earth as it is in Heaven. For Thine is the Kingdom, and the Power, and the Glory, forever."**

Surrender to God's plan and God's will. Yield to Him in every area of life.

**In Jesus' Name, Amen!**

[www.KrystalRSimpson.com](http://www.KrystalRSimpson.com)



## *About Personal Revival*

Revival is simply God amongst His people in power and glory. Duncan Campbell, from the Hebrides Revival, once said: "Revival is not churches filled with people, but people filled with God." Revival is people saturated with God, filled with the fullness of God (Col.2:10), the life of Christ revealed in people (Col.1:27). Revival implies a rejuvenation and a return to the Biblical pattern for God's people. The church at Pentecost enjoyed a powerful outpouring of God's Spirit and that resulted in a revival that spread far and wide. Throughout history, God has seen fit to send times of refreshing to His people. In times of revival, Christ is at the very center as the glorified Lord, to whom all must bow.

Roy Hession described revival as follows: "Revival is just the life of the Lord Jesus poured into human hearts. Jesus is always victorious. In heaven they are praising Him all the time for His victory. Whatever may be our experience of failure and barrenness, He is never defeated. His power is boundless. We, on our part, have only to get into a right relationship with Him, and we shall see His power being demonstrated in our hearts and lives and service, and His victorious life will fill us and overflow through us to others."

A God-given conviction of sin amongst God's people is a basic characteristic of revival. This conviction of sin later extends to the unsaved. Confession of sin is thorough and deep and it is accompanied by restitution (returning of stolen goods, apologizing, healing of broken relationships, etc.). This results in a change of mind regarding sin and God, the joy of forgiveness through faith in Christ's atoning sacrifice for sin, lives obedient to Jesus Christ, the fellowship of the saints and a missionary zeal to bring the gospel to the lost.

We need to understand that general revival is a sovereign act of God. Revival is, as Jonathan Edwards puts it, "a special season of mercy" and the place and timing are according to His will. However, personal revival is a must for every Christian.

# *Steps to Personal Revival*

What Must I Do to Experience Personal Revival

## *1. Confess & Repent of every known sin.*

"As many as I love, I rebuke and chasten. Therefore, be zealous and repent" (Rev. 3:19).

## *2. Forsake all questionable habits and activities.*

"For whatever is not from faith is sin" (Rm.14:23).

## *3. Make right any wrongs between yourself and others.*

"Therefore if you bring your gift to the altar, and there remember that your brother has something against you, leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift" (Mt.5:23-24).

## *4. Commune with God through prayer and the Word.*

"Revive me, o Lord, according to your Word" (Ps.119:107).

"Pray without ceasing" (1 Th.5:17).

## *5. Trust God to use you as His instrument in the lives of others.*

"Brethren, if anyone among you wanders from the truth, and someone turns him back, let him know that he who turns a sinner from the error of his ways, will save a soul from death and cover a multitude of sins" (Jas.5:19-20).

# *The Starting Place: Confession & Repentance*

As in all Scripture and revival history shows, a true revival begins with "Deep Repentance". In our personal lives, it so often begins with making a list of ANY sin in our life, and confessing those sins to God with real sorrow and repentance. Any person who cannot come up with a "LIST", and spend time confessing their sins before God (and forsaking them) is not really serious about becoming "Revived". Make use of the "*Spiritual Checklist*" found in **pages 12-15** to help you go over some of the things that you might have to repent and ask God for forgiveness.

## *Step 1-Ask*

- Ask God to search your heart for unknown and unconfessed sin. Ask God to bring you to a point of genuine repentance. (Isaiah 1:15-19)
- Ask God to give you clean hands and a pure heart. (Psalm 24:3-4; Jeremiah 17:7-8; 1 John 1:8-9)

## *Step 2 - Meditate*

Read Psalm 51. There may be words here that we can use as our prayer of confession.

## *Step 3 - Pause*

Pause and be still for a moment to let God speak to your heart.

## *Step 4 - Examine*

Self-examination consists of looking at your life, considering your words, thoughts and actions. Look at your life, examine your sins one by one. Your sins were committed one by one, and as best as you can, they should be confessed and repented of one at a time.

*\*\*\* This starting point is very important, so please do not continue the fast if you have not gone through the process of confession and repentance. By doing this, you are literally on the first step of being renewed personally.*

# *Spiritual Checklist*

*"Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: Love your neighbor as yourself. All the law and the prophets hang on these two commandments." Matthew 22:37-40*

The questionnaire that follows may be used to help you to evaluate your own lives and to prayerfully seek God's help in areas where you desire to change and grow. The questions are truly penetrating and will be of value only if they are answered in complete honesty. Complete the questionnaire in honesty and under the guidance of the Holy Spirit. Every yes answer is a sin in your life that needs to be confessed.

As Paul prayed for believers in Ephesians 1:17-19, "may God of our Lord Jesus Christ, the Father of glory, give you the Spirit of wisdom and of revelation in the knowledge of him, having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might."

## *1. In My Relationship with God*

- ☐ How is my personal relationship with God? Do I love Him with all of my heart soul and mind?
- ☐ Do I have a growing desire to spend more time with God? Am I spending appropriate time praying, reading and meditating on the Word?
- ☐ Am I growing in my desire to obey and please God? Do I obey out of gratitude for God's love? Or from guilt or fear?
- ☐ Are there areas I am holding back from God? Which ones? Why?

# *Spiritual Checklist*

- ☐ Have I fully surrendered to the Holy Spirit? Do I ask God to fill me each day with the Holy Spirit?
- ☐ Am I more aware of the sins in my life? Do I repent on a daily basis and receive forgiveness and cleansing from God? Have I fully, truthfully repented of all past and current sins?
- ☐ Is there evidence of grace growing in my life? Do I thank God every day for his love, grace and mercy and saving me from what I deserve? Am I seeing evidence of the fruit of the Spirit in my life (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control)

## *2. In the World*

- ☐ Have I personally witnessed to anyone in the past year?
- ☐ Am I prepared to share my testimony? To share the Gospel?
- ☐ Do I tell the truth under all circumstances?
- ☐ Do I pay my debts?
- ☐ Do I curse (even if in my thoughts only)?
- ☐ Do I try to evade paying income tax?
- ☐ Do I make indecent jokes/telling indecent stories?
- ☐ Am I honest in all circumstances?
- ☐ Is my relationship with the opposite sex pure in word, deed and thought?
- ☐ Am I being salt and light wherever God puts me?



*Let your light shine before men*



# *Spiritual Checklist*

## *3. In the Workplace*

- ☐ Am I known to be a believer?
- ☐ Do others see Jesus Christ in me?
- ☐ Am I the cause of people ridiculing the church?
- ☐ Do I shy away from expressing my faith in the Lord at work?

## *4. In My Home*

- ☐ Do I live my life at home in an exemplary manner?
- ☐ Do those who know me best, believe in me most?
- ☐ Do I honor and respect those who serve me daily?
- ☐ Do I criticize the church or other people in front of my children/parents?
- ☐ Do I treat my husband/wife with courtesy?
- ☐ As parent, do I teach my children the Bible, how to pray, and how to please God?
- ☐ Do I have family prayers with my family?
- ☐ Do I regard my possessions as mine or as God's?

## *5. In My Quiet Time*

- ☐ What role does quiet time play in my life?
- ☐ Do I make time for prayer and intercession every day?
- ☐ Do I read the Word of God every day?
- ☐ Has there been clear growth in my relationship with God over the past year?
- ☐ Is my quiet time really an encounter with God?

# *Spiritual Checklist*

- ☐ Is quiet time really a priority in my activity for the day?
- ☐ How much of my quiet time deals with myself and how much of it is devoted to praising the Lord and to intercede for others?

## *6. In the Church*

- ☐ Do I like going to church?
- ☐ Do I prioritize attending Sunday worship?
- ☐ Do I prepare my heart and mind for the sermon?
- ☐ Do I go to criticize?
- ☐ Do I go to listen to what the minister says or do I go to listen to God?
- ☐ Do I pray for my minister so that the Lord will give him a message to preach and he will fearlessly make the ministry of the gospel known?

## *7. In My Relationship with Fellow Believers*

- ☐ Am I growing in fellowship with other believers?
- ☐ Can I work together with others and can they work with me?
- ☐ Do I truly love those who work with me?
- ☐ Do others know me as someone who is interested and concerned rather than someone who only wants to receive and be served?
- ☐ Is it my true desire that God's work will be promoted, or do I simply pursue my own interests and honor?
- ☐ Can I tolerate it when others receive honor and that I am sometimes not appreciated for something I did with great sacrifice?
- ☐ Do I seek my own interest or that of others?

# *Revive Me, O Lord*

A Prayer of Revival from Psalm 119:25-48 (ESV)

## **Daleth**

- <sup>25</sup> My soul clings to the dust; give me life according to your word!  
<sup>26</sup> When I told of my ways, you answered me; teach me your statutes!  
<sup>27</sup> Make me understand the way of your precepts, and I will meditate on your wondrous works.  
<sup>28</sup> My soul melts away for sorrow; strengthen me according to your word!  
<sup>29</sup> Put false ways far from me and graciously teach me your law!  
<sup>30</sup> I have chosen the way of faithfulness; I set your rules before me.  
<sup>31</sup> I cling to your testimonies, O Lord; let me not be put to shame!  
<sup>32</sup> I will run in the way of your commandments when you enlarge my heart!

## **He**

- <sup>33</sup> Teach me, O Lord, the way of your statutes; and I will keep it to the end.  
<sup>34</sup> Give me understanding, that I may keep your law and observe it with my whole heart.  
<sup>35</sup> Lead me in the path of your commandments, for I delight in it.  
<sup>36</sup> Incline my heart to your testimonies, and not to selfish gain!  
<sup>37</sup> Turn my eyes from looking at worthless things; and give me life in your ways.  
<sup>38</sup> Confirm to your servant your promise, that you may be feared.  
<sup>39</sup> Turn away the reproach that I dread, for your rules are good.  
<sup>40</sup> Behold, I long for your precepts; in your righteousness give me life!

## **Waw**

- <sup>41</sup> Let your steadfast love come to me, O Lord, your salvation according to your promise;  
<sup>42</sup> then shall I have an answer for him who taunts me, for I trust in your word.  
<sup>43</sup> And take not the word of truth utterly out of my mouth, for my hope is in your rules.  
<sup>44</sup> I will keep your law continually, forever and ever,  
<sup>45</sup> and I shall walk in a wide place, for I have sought your precepts.  
<sup>46</sup> I will also speak of your testimonies before kings and shall not be put to shame,  
<sup>47</sup> for I find my delight in your commandments, which I love.  
<sup>48</sup> I will lift up my hands toward your commandments, which I love, and I will meditate on your statutes.

# Devotional



*Day 1*  
*Search Me, O Lord*



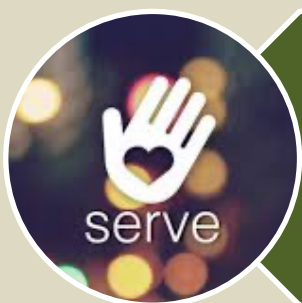
*Day 2*  
*Cleanse Me, O Lord*



*Day 3*  
*Mold Me, O Lord*



*Day 4*  
*Fill Me, O Lord*



*Day 5*  
*Use Me, O Lord*

## *Search Me, O Lord*

*Read: Psalm 139:23-24*

*"23 Search me, O God, and know my heart! Try me and know my thoughts! 24 And see if there be any grievous way in me, and lead me in the way everlasting!"*

We see the evidence of the depth of David's relationship with God in this Psalm. He certainly was a person after God's own heart, as Scripture says (1 Samuel 13:14).

In this prayer David invites God to test his thoughts. And the focus here is directly on what is within him. He wants God to look inside of him, his inner person, so that he is assured that God knows what is in his heart.

In Psalm 26:2 he says: *"Test me, Lord, and try me, examine my heart and my mind."* Every child of God should urge the Holy Spirit to probe deep within their heart to see if they are abiding in the Word of God and doing His will for their life.

What David is concerned with and wants God to look for is *"any offensive way."* or *"God look for anything in me that causes pain."* David wants God to show him any offensive way, so that it can be dealt with. The phrase, ***"lead me in the way everlasting"*** is talking in 'the way of God,' or 'the way of righteousness.' So the request is that God help him not to walk in an offensive way, but in the way of God.

As Christians we should be requesting the same thing David was asking of God: *"Are there sinful thoughts, bad intentions, brokenness or failings that cause you pain Lord? Am I hurting others?"*

Are we willing to pray as David did? It takes a humble heart to invite God to show us our weaknesses and our sins.



Because of pride we usually want to hide all our failures and sins. Most of us do not want to think about them or deal with them. We don't want others to see our faults and often we respond by living in denial, although God knows everything. Most of the time when someone brings something up, we get defensive and refuse to deal with the situation and to admit our mistake.

It takes humility to pray like David did, because when we do, we are inviting God to correct our issues, so that we can once again have fellowship with the Lord, because sin separates us from our heavenly Father. When we humbly admit and confess our sins to God is when we grow in our Christian life. It is only when we are completely honest with God that He can help us with our problems and shows us things that very often we are too blind to see.

We need to realize that God already knows all our "offensive ways," and probably other people do as well. So instead of living in denial and being defensive, we need to ask God for help. As believers we should not run away from God with our struggles, we should run to God for help and a renewed relationship with Him.

## *Reflect*

1. Have there been times in your life that you asked God to search your heart and reveal things to you that were hard, or you were not even aware of, or was stubborn to admit?
2. How did God point out anything to you that offends Him?
3. How did you deal with the offenses against God?
4. Are you ready to let God search your heart? Are you prepared to respond positively?

Source:

<https://missionventureministries.wordpress.com/2012/10/14/search-me-o-god-psalm-13923-24/>

*Cleanse Me, O Lord*

*Read: Psalm 51:10-12*

10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

11 Do not cast me from your presence or take your Holy Spirit from me.

12 Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

This is a psalm of David. He wrote these words after his sins were found out and the prophet Nathan had confronted him. When someone else knows about your sin, let alone God, the devastation can be total. David doesn't try to go "on the record" and defend his actions. He doesn't move away or run from his mistakes. He confronts his sins. He was a murderer, a liar and an adulterer. He had been caught, found out, and left wanting. Yet, David returned to the only place one can return to when humbled by crippling sin – God. Scripture records this sinner to be "a man after God's own heart" (1 Samuel 13:14, Acts 13:22) but what made David fulfill this kind of criteria in life? How can we also be men and women after God's own heart?

It should be noted that David was identified as such a man before his downfall; but this psalm and his actions following his downfall should also give us a clue into His humble character. David was a shepherd as a young person. He worked a lowly job which, at times, was considered one of the dirtiest and most undesirable jobs. While working as a shepherd he wrote songs of praise to his God. He understood where his joy came from and also his blessings.

Following His downfall into sin, his reaction to being caught was not one of indignation but rather humility and grief. He had broken God's heart, and

David pens these words of regret, remorse and was in search of God's forgiveness. Right relationship with His Salvation was his desire. Sure he had messed up royally (no pun intended), but he longed to recover that which had been tarnished and nearly destroyed. Scripture records David tearing his cloak, putting on sack cloth and pouring ashes on his head. This is a sign of grief and mourning but is also a very humbling picture for us to see of a king.

## *Reflect*

1. How humble are we to acknowledge and confess our sins and ask God for cleansing?
2. Do we recognize how in need of a Savior we are daily? We are all far from perfect people. We all struggle with sin and temptation.
3. Do we seek after God with great passion just as David did, or do we merely think about Him on Sundays or special holidays? Our lives were given to us as a gift. Each one of us comes with struggles and concerns, but we don't have to carry them alone. Connecting with the Father connects us with the Divine and unburdens us, but we must first become humble.

Source:

<https://pastorsponderings.org/2014/06/16/devotional-thought-lord-humble-me-and-cleanse-me/>

*Mold Me, O Lord*

*Read: Jeremiah 18:1-4*

"The word that came to Jeremiah from the Lord: <sup>2</sup> "Arise, and go down to the potter's house, and there I will let you hear my words." <sup>3</sup> So I went down to the potter's house, and there he was working at his wheel. <sup>4</sup> And the vessel he was making of clay was spoiled in the potter's hand, and he reworked it into another vessel, as it seemed good to the potter to do."

Have you ever seen clay before it becomes a bowl or vase? Clay is an earthy material, thicker and slimier than mud. But in a potter's hands, it's the beginning of something beautiful.

This relationship between the potter and the clay resembles our relationship with God. Before we know God, we are like a pile of unmolded clay. When we yield to God's leading, He gives our life value and purpose, the same way a potter gives clay value and purpose.

In Jeremiah 18, the Lord uses this example of a potter and clay to warn the people of Judah about the consequences of their sin. When the people stopped being molded by God, they became distracted and ultimately, conquered by sin. When Jeremiah spoke to them, they replied, "We will continue with our own plans; we will all follow the stubbornness of our evil hearts" (Jeremiah 8:12)

Just like the potter did what seemed best to him, God always does what seems best to Him — not what seems best to us. God is just and loving.

He is powerful and merciful. He does not lash out at us when we sin, but He will not stand for it either.

More than anything, God wants us to know Him and to follow Jesus' example. If anything is distracting us from following Jesus, our all-powerful God will do whatever it takes to lead us to change. Even if it's painful. God loves us too much to let us stay the way we are: full of sin and searching for purpose.

## *Reflect*

1. What's one area of your life where you need to fully surrender to Jesus so that He can freely mold you as it seems best to Him?
2. What are some distractions in your life that prevent you from knowing Jesus in a deeper way? How can you get rid of them?
3. Is a sin in your life hindering you from taking your next step? The best way to overcome sin is to confess it out loud. Who can you trust to talk with about this issue and pray with you?

Source:

<https://newspring.cc/devotionals/jeremiah-a-33-day-devotional/god-is-shaping-you-for-something-great>



*Fill Me, O Lord*

*Read: Ephesians 5:18-21*

*"Be filled with the Spirit, speaking to one another with psalms, hymns and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ."*

Have you been filled with the Spirit? As a Christian, there's no doubt that you are indwelt by the Holy Spirit (1 Corinthians 6:19).

But are you allowing yourself to be continually *filled*? That is, do you see God the Holy Spirit transforming you from the inside out, to the extent that God's transformation of you is helping to transform *others*?

"Be filled with the Spirit."

This is a command, because the extent to which you are filled with the Spirit has to do with the extent to which you are willing to open your heart in obedience to him.

Of course, if you have truly accepted Jesus as the Lord of your life, it's inevitable that you will experience the work of the Holy Spirit.

But do you want to see more?

There's always room to grow, room to be filled even more, even to overflowing. The noted pastor and theologian A. W. Tozer gave four steps to help you receive the Spirit and His many gifts more fully into your life:

1. Present your body (that is, be willing to give up your whole self)
2. Ask (God doesn't force you into relationship with Him)
3. Obey (live according to the Scriptures)
4. Have faith (Jesus has promised us his Spirit. We can have confidence we will receive him fully).

## *Reflect*

1. What are the signs of a life truly filled with the Spirit mentioned in Eph 5:19-21
2. What is your heart's music? Is the tone of your heart praise or defeat, self-talk or God-talk, mindless or purposeful, angry or joyful, worldly or spiritual? If you don't know, ask your family and friends--what music do they hear coming from your heart?
3. Are you a grateful, thankful person? If you had a thankfulness journal, how filled would your pages be?
4. Are you a submissive person? Do others view you as competitive or self-willed? Do you find it difficult to submit to God, your spouse, authority, or other believers?
5. Do those who know you well witness the presence of the Spirit's filling and leading in your daily living?

Source:

<https://www.gcu.edu/blog/spiritual-life/weekly-devotional-be-filled-spirit>

*Use Me, O Lord**Read: 2 Timothy 2:21*

*"Therefore, if anyone cleanses himself from what is dishonorable,<sup>[a]</sup> he will be a vessel for honorable use, set apart as holy, useful to the master of the house, ready for every good work."*

God has designed us all to be used for a special purpose in life. We have all been set apart and made different from everyone else, I believe this is why we can often struggle to feel like we "fit in" because we are designed to be different. God has gifted us all with different talents and abilities which means we all need one another. We are to work together and create a beautiful mosaic that was specifically designed by our Heavenly Father. We are all important parts of the body of Christ and without one we are hurting. Just as our body has many parts, with a missing part, the rest of the body has to work harder to perform functions that it wasn't created to do.

To be used by God in our own unique way, we must become clean vessels for Him. We do this simply by getting rid of the junk in our lives. Things that aren't pleasing to Him. If you are questioning if something is right or wrong, ask yourself if your actions would be ones that make God proud and please Him. The same works with our earthly parents; we know if our actions are honoring or dishonoring them without question. Nothing this world has to offer us is worth losing our opportunity to be used by God. Serving Him is what will bring us true joy, peace and happiness. Working with a mind set on eternity is much different than seeking earthly rewards. Whatever we earn here, stays here!

Let's do our best each day to be a clean vessel for God. If you are struggling with something that you know isn't honorable, let God know you are ready to get rid of it and He will give you the strength you need to get through it. But only if you make the decision to change your ways first. He will not force you to do anything. Take this one life you've been given and give it back to God and watch how He will use you to bless others and play a vital role in the body of Christ.

1 Corinthians 6:19-20 (NLT) Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

1 Peter 1:15-16 (NLT) But now you must be holy in everything you do, just as God who chose you is holy. For the Scriptures say, "You must be holy because I am holy."

## Reflect

1. Apart from Christ, we are nothing but broken and useless vessels. God wants us to be vessels that are sanctified and filled with the power of the Holy Spirit. Are you willing to be a useful vessel for God?
2. Is there anything that hinders you from being used by God?
3. *Will you choose to allow Him to cleanse and restore your life and fill you up with His presence, so you can be poured out into the lives of others?*

Source:

<https://www.redemptionchurchstl.com/single-post/2019/07/15/a-clean-vessel>

# *Thanking God for His Blessings in 2022*

List down any highlights, answered prayers, and lessons learned in the past year.

*I thank God for ....*



# *Trusting God for His Guidance this 2023*

## PRAYER CONCERN

### *My Spiritual Life*

Spiritual Revival • Struggles • Challenges

### *My Family*

Relationships • Salvation • Children • Financial Condition

### *My Business/Career/Education*

Excellence • Growth • Opportunity to Glorify God

### *My Ministry*

Inside & Outside of the Church • Attitude in Service • A Living Witness to Employees, Officemates, Classmates

### *Other Concern*

NMEC • Philippines • World

*“We have to pray with our eyes on God, not on the difficulties.”*

*- Oswald Chamber -*

# *My Fasting & Prayer Experience*

Journal your way through the five days of prayer and fasting

- How was your time with the Lord like?
- What did God reveal to you through His Word?
- How was your overall experience?

*“Prayer is not a scheduled appointment with a busy executive.  
It is quality time with a loving Father.”  
- H.B. Charles Jr. -*

# *Fasting Schedule & Options*

## **DAY 1** **2/6**

- ☐ Water/Juice Fast
- ☐ One Meal Fast
- ☐ Complete Fast
- ☐ Others: \_\_\_\_\_

## **DAY 2** **2/7**

- ☐ Water/Juice Fast
- ☐ One Meal Fast
- ☐ Complete Fast
- ☐ Others: \_\_\_\_\_

## **DAY 3** **2/8**

- ☐ Water/Juice Fast
- ☐ One Meal Fast
- ☐ Complete Fast
- ☐ Others: \_\_\_\_\_

## **DAY 4** **2/9**

- ☐ Water/Juice Fast
- ☐ One Meal Fast
- ☐ Complete Fast
- ☐ Others: \_\_\_\_\_

## **DAY 5** **2/10**

- ☐ Water/Juice Fast
- ☐ One Meal Fast
- ☐ Complete Fast
- ☐ Others: \_\_\_\_\_



# CULMINATING PRAYER MEETING

FEBRUARY 10,  
FRIDAY @ 8:00 P.M.

**ID: 886 2546 9528**  
**PASSWORD: Pray**